



Marryatville Primary School

Sun Smart Policy

Date – November 2015

<p>Vision</p>	<p>To promote among students, staff and parents –</p> <ul style="list-style-type: none"> • Positive attitudes towards skin protection. • Lifestyle practices which can help reduce the incidence of skin cancer and the number of related deaths. • Personal responsibility for and decision making about skin protection. • Awareness of the need for environmental changes in schools to reduce the level of sun exposure.
<p>Purpose</p>	<p>The purpose of the policy is to ensure that strategies are in place for all members of our school community in protecting them from skin damage caused by the harmful ultraviolet rays from the sun.</p> <p>The school is ideally placed to help reduce the incidence of skin cancer and encourage all members of the school community to use effective skin protection measures.</p>
<p>Policy detail / actions</p>	<p>This policy is for implementation throughout the whole school year, with particular emphasis from the beginning of September to the end of April. Marryatville PS follows DECD the recommendation that hats be worn from September 1st until April 30th.</p> <p>All members of the school community are strongly encouraged to use the following skin protection strategies –</p> <ol style="list-style-type: none"> 1. Avoid being in the direct sun between the hours of 10am – 2pm (11am – 3pm daylight saving time). <ul style="list-style-type: none"> • On days of extreme heat (38 degrees or more) classes will remain indoors for the lunch play period. • Whenever possible, all outdoor activities will be scheduled before 10am and after 2pm (11am and 3pm daylight saving time), or in the shaded areas of the school where practical. • School assemblies are held indoors in the hall. 2. Use the shade of trees, pergolas, umbrellas and tents whenever outdoors. <ul style="list-style-type: none"> • Encourage students to play under the playground canopy, verandas and trees. 3. Wear appropriate clothing which protects the skin. <ul style="list-style-type: none"> • Students, staff and parents will be expected to wear a broad brimmed hat whenever involved in school activities between September 1st and April 30th. Students not wearing a hat during play times will move to the designated shaded area of the school. • Students will be encouraged to wear suitable protective clothing ie – shirts with collars and elbow length sleeves and longer style shorts/skirt. Rash vests covering the shoulders to be worn for outdoor swimming.

	<p>4. Apply a broad spectrum sunscreen with a SPF of at least 30+, to clean and dry skin, 10-15 minutes before going outdoors.</p> <ul style="list-style-type: none"> • From September 1st until April 30th students will be encouraged to apply sunscreen before school in the morning, before going out to lunch and/or before participating in outdoor activities between 11am and 3pm. • Classrooms will have a limited supply of sunscreen for emergency use. Students are encouraged to carry their own sunscreen to use when necessary. <p>5. Reinforcing the Sun Smart message in class learning programs and in general school procedures are important strategies in the adoption of the skin protection behaviours.</p> <ul style="list-style-type: none"> • Staff are expected to role model appropriate Sun Smart strategies in all school activities. • Parents and volunteers assisting in class or school programs are expected to role model appropriate Sun Smart strategies. • Skin cancer prevention will be included in Health and Physical Education programs. • The Sun Smart message will be featured in Marryatville PS newsletters and at school assemblies. • Policy issues will be discussed at staff, SRC and Governing Council meetings as needed and if appropriate.
<p>Supporting documents/ related items</p>	<p>Marryatville PS Inclement Weather Policy (hot weather procedures)</p> <p>DECD Sun Protection in Schools Policy</p> <p>Cancer Council – www.cancersa.org.au</p>
<p>Review</p>	<p>November 2017</p>